



Designing the model of cultural barriers of women's participation in leisure sports activities

Poster Presentation

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Abstract

Introduction: Leisure refers to the time when people do not have the necessary work to do and usually tend to do more refreshing and uplifting activities. Leisure time is one of the aspects of social life that if it contradicts the common culture of the society, it can become a social problem or dilemma; therefore, the present study aimed to design a model of cultural barriers of women's participation in leisure sports activities in sports recreation centers.

Methods: The research method in terms of type and data analysis was qualitative with a data theorizing approach. The statistical population consisted of senior managers, officials, and faculty members who were aware of the field of research, which in order to select the sample individuals, purposeful sampling method based on theoretical approach was used. Required data were collected using in-depth interviews and analyzed in three stages of open, axial, and selective coding.

Results: causal conditions included the existence of non-indigenous culture, patriarchal views, weakness in the capital of women's sports culture, lack of social support and motivational and information barriers; Underlying conditions including economic factors, facility and facility factors, and managerial factors and intervening conditions including individual factors and religious tendencies were identified.

Conclusion: Strategies were introduced in three areas of needs assessment and policy-making, localization and alignment of relevant bodies and after presenting the consequences, a paradigm model was presented.

Keywords

Culture; Women; Sports; Leisure time